#### **Acquiring Competence in Preventing, Assessing and Treating Wounds**

#### The suggested path for BC Physiotherapists

**Purpose**: The purpose of this document is to provide BC PTs with a pathway to progress from no or very limited experience & skills in preventing, assessing and treating wounds to competence and confidence in the knowledge and skills required for this area of practice. The intent is to provide guidance rather than to mandate requirements for clinical competence.

## Acquire knowledge

- •Watch the recordings of the presentation "Estim and Ultrasound for skin and wound care Parts 1,
- 2, & 3" while reading the handout "US and EStim for Wound Healing" from the PABC website
- •Take the basic wound assessment courses available through your health authority (eg. if you are a VCH employee check the online course listings at ccrs.vch.ca)
- •Take the Canadian Association of Wound Care (CAWC) Level 1 and 2 courses (http://cawc.net/index.php/educational/)

# Acquire skills

- •Watch the recording of the demonstration "Estim demonstration" from the PABC website
- •For 'hands-on' practical application:
  - Attend a wound healing course offered by Dr. Pamela Houghton, or if not available, attend a BC PT Skin & Wound Care Knowledge Translation Committee networking session (\*contact nancy.cho@vch.ca for upcoming dates/times/locations)

### Apply skills

- Work with your interdisciplinary team (physician, nursing, OT, dietician) to apply and enhance your knowledge and skills
- •Find a mentor from the "BC PTs for Skin & Wound Care Networking List"

### Share experiences

- Attend a networking session of the BC PT Skin & Wound Care Knowledge Translation Committee (\*contact nancy.cho@vch.ca for upcoming dates/times/locations)
- Email / phone one of your PT colleagues on the "BC PTs for Skin & Wound Care Networking List"