

## Physical Therapy Skin & Wound Care Prevention, Assessment & Treatment Supporting Resources

### Websites

1. <http://www.ncbi.nlm.nih.gov/bookshelf/br.fcgi?book=hsahcpr&part=A4409> - this is the AHCPR Supported practice guideline for Prediction and prevention of Pressure Sores in Adults. There is also a practice guideline for Treatment of Pressure Ulcers.
2. [http://www.rcn.org.uk/development/practice/clinicalguidelines/pressure\\_ulcers](http://www.rcn.org.uk/development/practice/clinicalguidelines/pressure_ulcers) - this is the Royal College of Nursing from the UK Practice Guideline on pressure ulcers
3. <http://www.joannabriggs.edu.au/> ( Vol.1, Issue 2 1997 Best Practice Info on Pressures Sores- part 1 : Prevention of Pressure Related Damage)
4. <http://www.wocn.org> Information on pressure ulcer staging, avoidable vs unavoidable pressure ulcers plus fact sheets e.g. leg ulcers assessment
5. <http://www.cawc.ca/> with links to Professional Education/Resource Library/ References to test effectiveness of wound treatments
6. Quick reference guide (BC PT Skin & Wound Knowledge Translation Committee)
7. <http://www.scireproject.com/rehabilitation-evidence/pressure-ulcers/treatment/electrical-stimulation-pressure-ulcer-healing-post>. This resource is specific to the use of electrical stimulation for pressure ulcer treatment in spinal cord injury.
8. [http://www.scireproject.com/sites/default/files/pressure\\_ulcers.pdf](http://www.scireproject.com/sites/default/files/pressure_ulcers.pdf). This resource is specific to prevention & management of wounds in spinal cord injury.
9. <https://ccrs.vch.ca/> - VCH and Providence Course calendar with wound course options such as Introduction to Wound Management, Wound Care- Why, What , How, Advanced Wound Management- Diabetic, Advanced Wound Management- Pressure
10. Registered Nurses Association of Ontario [www.rnao.org/bestpractices](http://www.rnao.org/bestpractices)  
<<http://www.rnao.org/bestpractices>>
  - [Risk Assessment and Prevention of Pressure Ulcers](#)
  - [Assessment and Management of Foot Ulcers for People with Diabetes](#)
  - [Assessment and Management of Stage I to IV Pressure Ulcers](#)
  - [Assessment and Management of Venous Leg Ulcers](#)

### **Books:**

Houghton, Pamela and Karen Campbell. "Therapeutic Modalities In The Treatment of Chronic Recalcitrant Wounds." Chronic Wound Care A Clinical Source Book for Healthcare Professionals, 4<sup>th</sup> Edition 2007, Chapter 42

Carrie Sussman, PT and Barbara M. Bates-Jensen, MN,RN. Wound Care: A Collaborative Practice Manual for Physical Therapists and Nurses, 1998

Robertson, Val, Alex Ward, John Low and Ann Reed. Electrotherapy Explained: Principles and Practice Fourth Edition. Butterworth Heinemann Elsevier 2006

### **Journal Articles:**

S.C.A.L.E. skin changes at life end article <http://www.o-wm.com/content/scale-skin-changes-at-lifes-end-final-consensus-statement>

National Institute for Health and Clinical Excellence (NICE (2003) Sources of recommendations used in the quick reference guide: the prevention and treatment of pressure ulcers. London, England, <http://www.nice.org.uk/guidance/CG29/quickrefguide/pdf/English>

Royal College of Nursing. (2005) The management of pressure ulcers in primary and secondary care: A Clinical Practice Guideline. London, England.

Keast, David H. Keast, Nancy Parslow , Pamela E. Houghton, Linda Norton, Chris Fraser. "Best Practice Recommendations for the Prevention and Treatment of Pressure Ulcers: Update 2006" Wound Care Canada Vol. 4 no. 1

Dolynchuk, Ken, David Keast, Karen Campbell, Pam Houghton, Heather Orsted, Gary Sibbald, and Angela Atkinson. "Best Practice for the Prevention and Treatment of Pressure Ulcers." Ostomy Wound Management Nov 2000 Vol 46 no 11.

C. Keith Bowering. Foot Ulcers in Patients with Diabetes Mellitus. Critical Reviews in Physical and Rehabilitation Medicine, 12:25-49 (2000)

### **Clinical Practice Guidelines:**

For VCH employees. VCH CPD S- 131 Occupational Therapy Skin Care Guidelines (available off the VCH website)

Compiled by the BC PT Skin & Wound Knowledge Translation Committee

July 28, 2010